# Scuba Trip Packing List for Women – from epiphenie.com

## Scuba Gear

* Buoyancy Control Device (BCD)
* Regulator
* Dive Computer
* Fins/Snorkel/Mask
* Dive Accessories
* Boots (if you do not have a full-foot fin)
* Wetsuit, shorty, or skin
* eRDP – For manually calculating dives
* Earplugs
* Flashlights and batteries
* Defog
* Ear drops
* GoPro camera and accessories
* Dive Log book – Skip it. Take a picture of relevant pages, including your last logged dive.

## Clothing

The following articles of clothing are included in this article. This plan hinges on your ability to do laundry at the resort, or your willingness to wash items in the sink. For details and suggestions, view the full article.

* Hoodie
* Yoga pants
* 3 Underwear
* 3 Socks
* 2 Cute shorts/capris
* 3 Cute tops
* Cute sandals
* Sarong
* 2 swimsuits
* Quick-dry shorts
* 2 cover tops

**Wear on the plane:**

* Jeans
* Plain tee
* Sweater - bring a simple black wrap sweater that can work with any outfit
* Tennis shoes

## Toiletries

The following liquids are included in the article **TSA Liquids Quart bag**:

* Shower gel (optional)
* Shampoo (optional)
* Conditioner (optional)
* Facial Care
  + face wash
  + astrigent
  + face lotion
  + eye cream
  + aging serum
* Big Sexy Root Pump
* Liquid Wax
* Blistex
* Concealer
* Toothpaste
* Mini Nail polish
* Perfume sample
* Ear drops
* Face sunscreen
* Defog
* Bug spray

**Other Toiletries**

* Hair accessories – Bring bobby pins/ponytail holders
* Deodorant
* Make up – non liquid
* Comb/brush
* Hair clip
* Feminine supplies
* Face wipes
* BioFreeze packets for sore muscles
* Toothbrush
* Razor (use soap for shaving or buy shaving cream on location)
* Floss
* Cotton Balls
* Q-Tips

## Travel

* Trash bags
* Ziploc bags
* Moleskin for blisters
* Bandaids
* Airline tickets
* Passport
* Wristlet wallet with cash, ID, Bank/Credit Cards, and Dive cards
* Empty Nalgene bottle - if you like to mix in drink packets with your water
* Crystal Light packets (pack in the bottle)
* Protein bars
* Fruit snacks
* Gum/mints
* Sunglasses & case
* Medicine: prescript, med info, OTC, and vitamins
* Motion sickness meds
* Immodium
* Hand fan
* Nail kit
* Chapstick
* Small umbrella

## Electronics

* Phone & charger
* External Battery
* Extra earphones – bring headphones with a microphone and a case
* iPad, charger, and SD reader (optional)
* Dive camera, extra batteries, chargers, and SD
* Hotel Wifi Hotspot (optional)
* MacBook Air & charger
* Power Converters (optional for international travel)

## Shopping/Checked

If you’re traveling with someone that is checking a bag, you might want to add a few things that you can’t carry on. Otherwise, buy these items at your destination:

* Sunscreen
* Aloe
* Shaving cream
* Bottled water – if you need bottled water, buy it in the cheapest method you can per oz or mL, then carry/use your Nalgene bottle.